



# Providence Row Charity

Report 2002-03



Cover illustration by  
one of our day centre  
users, Clifton Reddie

## A message from our new Patron

The past year has been a hectic and exciting one for the charity. While there are many worthy causes, I am pleased to have been asked to become Patron of an organisation that was so dear to my late father.

There can be few more startling contrasts than that which exists between the wealth of the City and the poverty of the East End of London. Providence Row devotes all its energy to helping those in need, and I hope you enjoy reading about the wonderful work we do.

None of this would be possible without your help and support.

**His Grace The Duke of Norfolk**

## Pursuing our mission against poverty

This year has seen the charity continue to expand. We took on the management of the Dellow Day Centre in October 2002, whilst developing our outreach and counselling services, and our work with women suffering from violence.

Our small staff team and our numerous volunteers operate under difficult conditions at the forefront of our mission to alleviate the distress caused by poverty and homelessness.

Our work lies at the heart of a unique partnership. We continue to work closely with Providence Row Housing Association and the Sisters of Mercy. Without their support, particularly at the day centre, we would struggle to provide our services to those in need.

During the past year we have benefited greatly from the support of many individuals, companies, livery companies, trusts, schools and churches and we would like to take this opportunity to thank you and all our supporters.

**Simon Bartley**  
Chairman

**Steven Lee-Foster**  
Director





## The Dellow Day Centre

A small staff team supported by more than 30 volunteers provide advice, support, food, clothing, showers and a laundry to over 180 people a day. The centre is the hub of our activities: counselling, art and IT, a women's drop-in and our volunteering programme.



- ◆ Four out of five people who use the Dellow Centre are men.
- ◆ Nearly two fifths of those helped at the Dellow Centre are under 35.
- ◆ Older people make up nearly 20 per cent of Dellow Centre users.
- ◆ Fifty-eight per cent of those helped at the Dellow Centre are sleeping rough or living in hostels.

## Counselling and outreach

Our counselling service offers up to two years of support to those who are on low incomes or unemployed.

The service is offered to GPs, hostels, and our partner organisations across London.

Linked to our long-term counselling support is a dedicated outreach service working with people on the streets who are 'hard to reach'.

◆ *Anna (not her real name) is a woman in her early 30s. As a girl, she suffered a serious sexual assault. Since then her life has been one of violence and abuse. She has an eating disorder and has had to resort to prostitution in order to survive.*

*Anna has undergone a long period of counselling and now feels that many of the problems she had been struggling with have been resolved, and she is ready to make positive changes to her life.*





## Just Women

The number of women attending our drop-in at the day centre has continued to increase: last year we helped 140 women. Just Women offers a safe and supportive environment where women can make positive choices about the direction of their lives after suffering from violence or abuse.

◆ *Rebecca (not her real name) is 21 and has been in a series of abusive relationships since she was fifteen.*

*She recently gave up her two children for adoption to ensure their safety. The group gives her a chance to escape her abusive partner (no men are allowed).*

*'It helps me if I feel depressed and stuff, I can come in and get clothes, and advice...'*



## Activities at the Dellow Centre

Day centre users have free access to both art and IT classes. The projects enable anyone to build their self esteem and learn new skills.

◆ *Mark has been coming to the art group for nearly a year. After leaving school Mark spent five years in the army, but because of his experiences he left to work as a security guard.*

*Things didn't work out and Mark was homeless on and off for the next ten years. He then got into trouble and spent some time in prison. The probation service helped Mark with accommodation and he now lives independently.*



*'Having this (art) class helps me to unwind,' he says. 'It's a place where I can do my own thing. By the time I leave all my worries are gone.'*





## A review of our year

During his year as Lord Mayor of London, Sir Michael Oliver launched our £150,000 **Square Meal Appeal** at the **Mansion House** in September. The event was supported by The Osborne Group and Manhattan Loft Corporation. The appeal will enable us to continue to provide free food at the Dellow Centre. Thank you to everyone who gave to the appeal. We still need to raise £30,000!

In December we teamed up with Oxford House to stage an **art exhibition** as part of an initiative to give homeless people a voice.

Thanks to Help the Aged and Blue Peter's Wheel Help Appeal we received a **new minibus** in December.

We had a fantastic response to our appeal for **Christmas presents**. Our thanks to: Barclays, Danske Bank, Morley Fund Management, Freshfields Bruckhaus Deringer, St Georges School, Marks & Spencer, John Lewis Partnership, Liberty, Fortnum and Mason, Harrods and Marsh.

At Christmas we published *What am I doing here?* which found that 60 per cent of the people we help suffer from depression, and one in four had suffered from bereavement. A quarter had suffered sexual or physical abuse and 50 per cent had thought about committing suicide or harming themselves.



Our Chairman, Simon Bartley, takes delivery of the new minibus



During the year we held a number of 'challenge days' for teams from Freshfields Bruckhaus Deringer, Kingston Smith, Barclays Bank and Marsh.

Clifford Chance hosted our **City of London** Quiz in April involving 22 teams who raised over £5,000! Congratulations to the winners: The Worshipful Company of Plumbers.

In March **The Duke of Norfolk** visited us to meet staff and volunteers. Everyone is delighted that His Grace has agreed to become our Patron.

Gensler, the architects, held a competition to bring their design flair to our **art room**. Gensler convinced other companies to get involved and this has meant that the room has been re-fitted for free.

With the London Housing Foundation we published *Finding the Key* in June. The report includes a toolkit to help staff work effectively with residents who drink.

In April we **surveyed users** at the Dellow Centre. Over one in four of the people using our services are destitute and sleeping on the streets, and more people need help because of poor mental health, addictions, depression and loneliness.





## Volunteers

We continue to depend on our volunteers to provide all of our services. Our work attracts a diverse group of people: students and religious, as well as professionals seeking a career change and people who have been homeless.

Everyone is welcome, and we treat volunteers and staff with equal respect.



◆ *Yogi is typical of many of our volunteers. Her story was featured in one of our recent newsletters. With boundless energy and a passion she has volunteered in our women's drop-in for the last two years and has done much to contribute to the group's success.*

# Donors

**Thank you to all our supporters without whom the work of Providence Row Charity would not be possible:**

## Charities and Societies

Alcoholics Anonymous  
Catholic Singles  
City Action  
Conference of Socialist Economists  
Crisis Fareshare  
HACT  
Help the Aged

## Churches

St Ignatius Loyola, Shaldon R.C. Parish  
St Luke's Parish  
The Church of Our Lady of Lourdes and St Michael  
The Church of St Agnes  
The Church of St Anthony of Padua  
The Church of St Augustine  
The Church of St Bartholomew  
The Church of St Dunstan  
The Church of St Edmund

The Church of St Joseph  
The Church of St Mary Moorfields  
The Church of St Matthew  
The Church of St Pancras  
The Church of St William of York

## Companies

Akeler Services Ltd  
Arkansas Cafe  
Avebury Projects Ltd  
Barclays Bank Plc  
Bates Wells & Braithwaite  
Broadgate Estates Ltd  
Brooks Associates  
BUPA  
C W Fields  
Clifford Chance  
Clydesdale Bank Raffle  
Community Foods Limited  
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Fitness First Plc  
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Freshfields Bruckhaus Deringer

Gensler  
Goldman Sachs International Ltd  
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Harrods Ltd  
Howe UK Limited  
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John Lewis  
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News International  
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Sterling Financial Print Ltd  
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## Donors continued

### Schools

Cardinal Pole School  
English Martyrs School  
Our Lady of Sion High School  
Our Lady of the Rosary School  
St George's RC Primary School  
St Philomena's  
Trinity Catholic High School

### Livery Companies

The Worshipful Company of  
Coopers  
The Worshipful Company of  
Cutlers  
The Worshipful Company of  
Drapers  
The Worshipful Company of  
Feltmakers  
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Grocers  
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Fishmongers  
The Worshipful Company of  
Mercers  
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Leathersellers  
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Lightmongers  
The Worshipful Company of  
Needlemakers  
The Worshipful Company of  
Plumbers  
The Worshipful Company of  
Salters  
The Worshipful Company of  
Wheelwrights

### Religious Bodies

Chingford Parish Church  
Dominican Sisters of St  
Catherine of Siena  
English College Valladolid Spain  
English Dominican Congregation  
(Stone)  
Ilford Catholic Club  
Institute of Our Lady of Mercy  
Our Lady of Lourdes Church  
Sisters of the Sacred Heart of Mary  
St Joseph's Convent  
The Sisters Faithful Companions  
of Jesus  
Union of the Sisters of Mercy

### Trusts

Churches Together in England  
City of London Justice Rooms  
Charitable Trust  
Fryerning Foundation  
Homestead Charitable Trust

HSBC Charitable Trust  
Inverforth Charitable Trust  
Rendisham Trust  
Sir Harold Hood's Charitable Trust  
The AIM Foundation  
The Albert Hunt Trust  
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The Audrey Earle Charitable Trust  
The Beatrice Laing Trust  
The Coutts Charitable Trust  
The Ebb And Flow Charitable Trust  
The Fitton Trust  
The JMH Trust  
The Mitchell City of London  
Charity and Educational  
Foundation  
The Nicholas Coote Charitable Trust  
The Simpson Foundation  
The Smith Charitable Trust  
The Trusthouse Charitable  
Foundation  
The Tudor Trust  
The Wakefield Trust  
Wenhaston Trust  
WF Charitable Trust  
William Arthur Rudd Trust

### Statutory Funders

The Association of London  
Government  
The Corporation of London  
The Department of Health

# Donation form

We depend on voluntary contributions to meet the costs of our services.  
ANY donation you can make will help.

I enclose a donation of £  for the work of Providence Row Charity.

Please charge £  to my Visa/Mastercard/ CharityCard (*delete as appropriate*).

Card No:

Expiry Date:   -

Title  First Name  Surname

Company (*if applicable*)

Address   
Postcode

Email  Daytime Tel





# giftaid it

Please tick the box below so we can claim back 28p for every pound you give.

- I am a tax payer and would like Providence Row Charity to claim back the tax on all my donations until further notice.

Signature

Date

I would like to receive further information on


- Legacies  Donations in kind  
 Volunteering  Fundraising

Please return this form to:

**Providence Row Charity, Peter Rigby House, 41 Spelman Street, London, E1 5LQ.**

- Please tick here if you do not wish to receive further communications from Providence Row Charity.

August 2003



## Who's Who

### Patron:

His Grace The Duke of Norfolk

### Vice-Presidents:

Mrs Joan Wheeler Bennett

Sir Brandon Gough

Mr Alderman J S Hughesdon

Sir Michael Oliver

The Lady Remnant

Mr Richard Sermon

### Trustees:

Simon Bartley (Chairman)

Charles Bellord

Elizabeth Canning

David Coe

Howard Doe

Sister Evelyn Gallagher RSM

Father Peter Harris

Sister Roisin Kelly RSM

Sister Patricia McMahon RSM

Jon Mumford

Daniel Regan (Hon. Treasurer)

Doctor Nerys Roberts

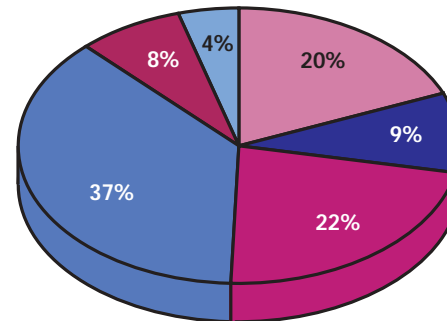
Richard Solomon

Professor John Walton

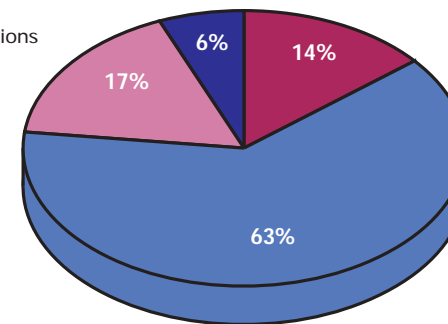
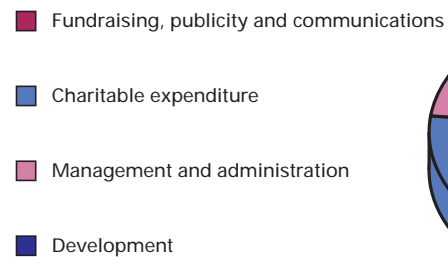
**Secretary:** Steven Lee-Foster

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## Our income in 2002-03



## ...and our expenditure



*A full set of audited accounts is available on request*





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London  
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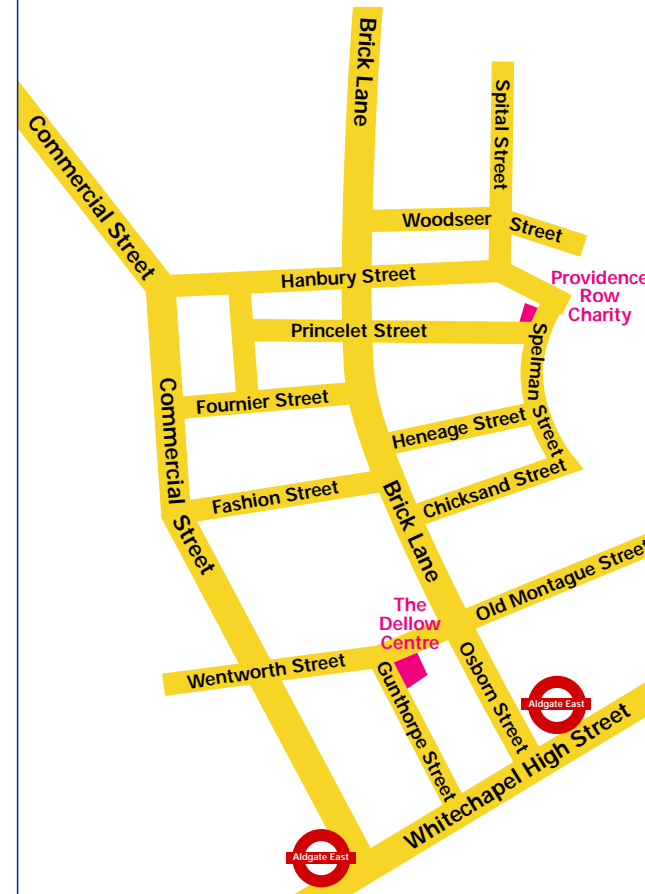
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Web site: [www.providencerow.org.uk](http://www.providencerow.org.uk)

Charity No: 207454



## Where to find us



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