

Dellow Centric

Edition 1 Winter 2008

Client Newsletter

Before your very eyes we present to you the long awaited client led newsletter. This first edition covers the various functions and activities held at the newly refurbished Dellow centre. The Art Group at the Dellow has three sessions a week. Monday morning in the activity room then Tuesdays and Thursdays between 1.30 pm until 3.30 pm in the art room. It is gaining in popularity with many nationalities both inside and outside the EU. Activities include sculpture, 3D modelling, mosaic, photography, and computer based designing such as Photoshop, book design and video editing. If you would like to get involved with the newsletter or any of the other projects please speak to a member of staff.



Sylvio led a spinning painting workshop in a Monday morning art group.

Open Client Forum

Open Forum For Clients. 9th December in activity room. "My experiences on the street" Come and voice your opinions and experiences living on the street. Where do you stay over night? What experiences do you have with the police and the outreach teams? Do you sleep on a bus? We will collect the information and pass it onto the local council and other policy makers to ensure your voice is heard.

Christmas

A Poem by Joseph

Christmas approaches
Haloween has gone
Rich and poor
Institutional poverty
Snow covered landscapes
Time to bring
Mistletoe and brandy
Advent is observed
Snow covered fun

Photograph By Linda © 2000



Annual Quiz Fundraiser

Providence Row's annual quiz night was held this year for the 8th time on Thursday 6th November. 100 guests from various companies and societies – as well as a team of Dellow Centre staff! – came along to HMS President near Tower Bridge for an evening of tough quiz questions with a buffet supper and a glass of wine.



There was also an auction half way through the evening, in which guests could bid for work by local artists as well as two pieces by our very own Najaf-gulu.

The evening raised a fantastic £5,300 towards the work of Providence Row and was enjoyed by all who attended.

My First Day at the Dellow Centre

By Leza Scott- Riddle

I heard about the Dellow Centre from a friend of mine. He was taking art classes there and had sold paintings at an exhibition the Centre organised. He invited me to come along and see what it was like.

The setting is like an oasis of peace and beauty in the middle of all the rush and noise of London. Its paved yard has patches of garden and huge trees with benches to sit on. It is closed in by a security gate to ensure it is a sanctuary for those who come in. The peaceful atmosphere made me feel safe and welcomed.

After being let in I was greeted by a friendly project worker who took my details to register me into the Centre. He assessed my needs and let me know all that was available, offering to make appointments for me with people who could help. I was given a ticket for a cup of tea and biscuits.

The mornings at Dellow Centre are for the rough sleepers. There is breakfast laid on along with showers and laundry and advice services. The afternoons are more open with different activities provided.

I have been attending the art classes on Tuesday and Thursday afternoons for some time now and it has been exciting to discover a painting talent I didn't know I had. So, even if you have never painted before, give it a try and you may surprise yourself like I did. So, even if you have never painted before, give it a try and you may surprise yourself like I did.

On Monday afternoon there is a Film Club – who doesn't enjoy a good movie? On Wednesday afternoon there is a Women's Group and on Friday there is Bingo. Most afternoons there are computers with internet connection available for use. Every afternoon there is tea and biscuits and a warm common room to sit in to chat or read the newspaper – not forgetting that you can also chat and drink your tea on the benches outside under the trees on the patio,

There are many other services available at the Dellow Centre. Ask a project worker if you are not sure what they are.

Steve, the newly appointed Meaningful Occupation and Training manager is eager to start a newsletter for those who are interested in writing or submitting pictures or photographs. He would like to hear about what the Dellow Centre means to you; your experience of it; your views on its services and your ideas about what else could be offered at the Centre. But, the Centre is not the only subject to write about. We encourage you to write about any subject that interests you.

I invite you to hand in your poems, stories, articles, observations, ideas, pictures and photos to Steve. The more you submit, the more interesting the news letter will be, and it will be exciting to see your work in print. The next newsletter will be out when we have enough of your work to fill it up with. So, please, get busy writing and hand your work in to Steve.

Day Centre Services

Mental Health Advice

Would you like to speak to someone about your mental health needs. We have a professional here that can speak to you.

Just ask a member of staff.

Job Club

Thursday afternoons.

Help with writing a CV, job search and interview skills are all provided. Also if you need clothes for an interview we can help.

Speak to a member of staff to sign up.

Street Drinkers Group

Our new Street Drinkers Group is up and running at the Satellite Centre in Princelet Street.

The Group meets on Wednesday afternoons 1.30pm-3.30pm and is aiming to work with clients who misuse alcohol and feel they need some support.

Activities include Board Games & Arts and Crafts - Cardboard Citizens will also be attending with their "CIRCUS" production.

Refreshments and warm drinks available, ask Caroline or a member of staff for details.

If you are interested in taking part in this client led newsletter or those who are interested in editing, writing, or exhibiting your poetry or pictures speak to a member a staff. You dont need any past experience all you need is the willingness to get involved!

Needle Exchange

The daycentre runs a needle exchange on a daily basis, 9:00am-12:00 and 1:30pm-3:30pm. The service provides information around safer injecting, harm reduction and to link up with suitable services in relation to substance misuse. Speak to a member of staff for further information.

